Services for People Seeking Asylum & Refugees in Bristol area July 2022

This information is available languages see <u>https://bristol.cityofsanctuary.org/what-we-do/bristol-organisations</u>

Call Migrant Help 0808 8010 503 24 hours a day 7 days a week



Bristol Refugee Rights <u>www.bristolrefugeerights.org</u> info@bristolrefugeerights.org

Wellspring Settlement, 43 Ducie Road, Bristol BS5 0AX

Mondays and Tuesdays from **10-1 Phone/ What's App 07526 352353.** To get support or to access our services including classes, Pride Without Borders, Young People's Immigration Project

Wednesdays from **10-12 Advice Drop-in** - Early arrival advised. Help with accessing healthcare. Casework on complex issues. Referrals for other practical support including phones.

Thursdays from **10-1 Welcome Centre social space**, hot food, art, games, haircuts, IT café, referrals and signposting.

Red Cross Refugee Support <u>https://www.redcross.org.uk/get-help/get-help-as-a-</u>refugee

Phone, 0117 941 5040; text or What's App 07739 863 036 refugeeservicebristol@redcross.org.uk

We will try to be available **Mon, Wed and Fri 11am – 3pm**. If there's no answer, leave a message or write to us, and a caseworker will contact you back.

Newly Granted Refugee Status: We can help you apply for benefits, housing, bank account, integration loan and help with family reunion process.

Family Tracing: We may be able to help you look for your family in your home country or elsewhere including UK or Europe.

Destitution: If you have no income and no other way of getting any, together with other partners in Bristol we may be able to provide you with assistance for a short period of time.



Refugee Women of Bristol <u>https://www.refugeewomenofbristol.org.uk/</u> Phone: 0117 9415867 <u>info@refugeewomenofbristol.org.uk</u>

Drop-in centre Tuesdays from 10:00 – 2:30 pm, term time only, at Easton Family Centre Bristol BS5 0SQ. We are delivering ESOL classes, Well-being activities and workshops. Our Community Workers provide practical support and advocacy service in community languages. Our befriend volunteers are also providing support for our members and community via our welfare calls.

Mend the Gap team is providing 1-1 support to women experiencing domestic violence. Call Health and Wellbeing Coordinator for referrals on **07735387820**. If you would like to get in touch, please call or email.



Borderlands The Assisi Centre, Lawfords Gate, BS5 0RE www.borderlands.uk.com Phone: 0117 904 0479 <u>hello@borderlands.org.uk</u> Drop-in Social Space every Tuesday between 11:00 and 2:00 pm; offering tea, coffee, games, Art, haircuts and referrals to other services and support. Fresh food every Tuesday between 11:00 -1:00 pm and hot food (Halal) 1:00 - 2:00 pm

English classes for beginners in English Language and Literacy (Pre-Entry and Entry 1).

The Mentoring Project provides 1:1 emotional and practical support to asylum seekers and refugees for a period of 6-9 months.

Sleep and Relaxation session: to help you relax and to learn how to improve your sleep. We run separate sessions for men and women, every other week.



Bristol Hospitality Network www.bhn.org.uk

Accommodation: We provide hosting and housing advice and solidarity fund for destitute refused asylum seekers. We ONLY accept referrals from Bristol Refugee Rights advice team.

Welcome Centre: Mondays from 11-2pm at Easton Christian Family Centre, BS5 0SQ for asylum seekers (hot food, ESOL, volunteering, games etc).



Aid Box Community <u>www.aidboxcommunity.co.uk</u> 174b Cheltenham Road, Bristol BS6 5RE Phone 0117 336 8441

Free Shop - Open Monday - Fridays 11 - 4pm freeshop@aidboxcommunity.co.uk Free clothes, toiletries, household items and other items.

Activity Groups for Men and Women - A number of weekly social and sports groups heather@aidboxcommunity.co.uk

Befriending Connections - you will be introduced to a local person for friendship <u>naomi@aidboxcommunity.co.uk</u>



Project MAMA https://projectmama.org

Mother Companions Project: Project MAMA is accepting referrals for pregnant women for one-to-one support throughout pregnancy, labour, childbirth and early parenting. We provide specialist one-to-one support especially to those who do

not have birth partners. Referrals can be made via our website.

MAMAhub: Every Friday during term time from 11am - 2pm from Felix Road Adventure Playground, Felix Rd, Easton, Bristol BS5 0JW

A space for refugee, asylum-seeking and displaced mamas who are pregnant and with babies under 2 years old. It is a space for peer support & solidarity, where they can enjoy a hot and healthy meal, infant bonding, yoga and other activities. We reimburse bus fares.



The Haven www.sirona-cic.org.uk/nhsservices/services/the-haven/

is a specialist health service for asylum seekers and refugees, based inside **Montpelier Health Centre, BS6 5PT** Phone: 0117 703887 <u>the.haven@nhs.net</u>

We assess and meet health needs of asylum seekers and refugees across Bristol, North Somerset and South Gloucestershire. We also help people to access health services and other services they need. Access to the service is by referral either phone or email and clinics are open Monday to Friday 8:30 am to 4 pm